



Central Jersey Bicycle Club, Inc.
Over 40 Years and Still Rolling

Established 1968

December 2015

Number 12

Upcoming Meetings: General Meeting

December 21, 7:00 PM

Metuchen Library

Please be aware that all members are welcome to attend the Board Meetings. You must notify a member at large if you would like your voice to be heard. This way, you may be allowed time to have your concerns expressed, time permitting.



Plan on Attending CJBC Holiday Party

Sunday, December 13, at 1:30 PM

Spain 92

1116 Route 202, Raritan, NJ



Free For Members

With \$30 Deposit Refunded The Day of Party at Spain 92

\$15 Fee For Guests of Members

To RSVP

We ask members to send one check for the \$30 refundable reservation and a separate \$15 check for a guest of members. Please mail to:

Attn: Holiday Committee

Central Jersey Bicycle Club

PO Box 10686, New Brunswick, NJ 08906

By December 7, 2015

For Questions, Contact Holiday Committee (Nick Spadavecchia or Earl Lapidés)



CJBC Calendar & Rides



CJBC Has a New Ride Captain Steve Seigel!



Contact Steve If You Would Like to Post a Ride!



If You Cannot Reach Steve, Contact John Colasanti:
memberatlargel@cjbc.org

DECEMBER EVENT CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Friday? on Wednesday C 4/3 35-40 Ben	3	4	5 D&R Canal Road Ride. 10 Am. C 3/4 26 Miles Friday? on Saturday C 4 35+ - Ben
6 C 4/3 16-35 One Loop or Two - Ben	7 HANUKKAH (1ST DAY)	8	9 C 4/3 16-35 One Loop or Two - Ben	10	11 Friday? on Friday C 4 35 - Ben	12
13 Friday? on Sunday C 4 45 +/- Ben	14	15	16	17	18 Friday? on Friday C 4/3 35-40 Ben	19
20 C 4/3 16-35 One Loop or Two - Ben	21 General Meeting	22 WINTER SOLSTICE	23	24	25 CHRISTMAS	26 KWANZAA (1ST DAY)
27	28	29	30	31		

* The event calendar can also be viewed on the CJBC website at www.cjbc.org. Be sure to check the Event Calendar on the website often. New rides may be listed at any time and the printed calendar in this newsletter shows rides submitted as of the 24th, give or take, of last month.

Ride Schedule

Wednesday, December 2

Friday? On Wednesday

Ben, 848-667-5020

Pace: C

Terrain: 4/3

Distance: 35-40 miles

Time: 10:00 AM

Village Park, Cranbury, NJ. Call by 5PM the day before. No calls, no ride.

Saturday, December 5

Friday? On Saturday

Ben, 848-667-5020

Pace: C

Terrain: 4

Distance: 35+ miles

Time: 10:00 AM

Thompson Park, Jamesburg, NJ. Call by 5PM the day before. If no calls, no ride.

Wednesday, December 9

One Loop or Two

Ben, 848-667-5020

Pace: C

Terrain: 4/3

Distance: 16-35 miles

Time: 10:00 AM

Village Park, Cranbury, NJ. Call by 5PM the day before. The ride will consist of 2 loops, starting and ending in Village Park. No calls, no ride.

Saturday, December 5

D&R Canal Road Ride

Bob Sherry, 908-233-0240

Pace: C

Terrain: 3/4

Distance: 26 miles

Time: 10:00 AM

Colonial Park, Lot F, Mettlers Road, Somerset, NJ. We are going to ride down one side of the canal, have lunch and then ride back on the other side. Registration is recommended.

Sunday, December 6

One Loop or Two

Ben, 848-667-5020

Pace: C

Terrain: 4/3

Distance: 16-35 miles

Time: 10:00 AM

Village Park, Cranbury, NJ. Call by 5PM the day before. The ride will consist of 2 loops, starting and ending in Village Park. No calls, no ride.

Friday, December 11

Friday? On Friday

Ben, 848-667-5020

Pace: C

Terrain: 4

Distance: 35 miles

Time: 10:00 AM

Thompson Park, Jamesburg, NJ. Call by 5PM the day before. If no calls, no ride.

Sunday, December 13

Friday? On Sunday

Ben, 848-667-5020

Pace: C

Terrain: 4

Distance: 45+/- miles

Time: 10:00 AM

Thompson Park, Jamesburg, NJ. Call by 5PM the day before. If no calls, no ride.

Friday, December 18

Friday? On Friday

Ben, 848-667-5020

Pace: C

Terrain: 4/3

Distance: 35-40 miles

Time: 10:00 AM

Village Park, Cranbury, NJ. Call by 5PM the day before. No calls, no ride.

Sunday, December 20

One Loop or Two

Ben, 848-667-5020

Pace: C

Terrain: 4/3

Distance: 16-35 miles

Time: 10:00 AM

Village Park, Cranbury, NJ. Call by 5PM the day before. The ride will consist of 2 loops, starting and ending in Village Park. No calls, no ride.

We suggest you call the ride leader if you intend to join a ride. The leader does not have to ride if no calls are received and if the leader has your number you can be informed of any last minute changes. We also encourage you to contact us regarding rides you'd like to see and if you would be interested in becoming a ride leader.

Ad-Hoc rides are last minute ride postings.

Ad hoc rides are rides that are posted at least 2 days before the ride takes place. This amount of time is necessary so the notification is published on time.

See our rides schedule on our web site: [website's Event Calendar](#) (check the rides schedule often as new rides may be listed at any time; sometimes as little as two days before the ride).

Ride Leaders

Please send all Ride Rosters to:

[Award Chair](#)

P.O. Box 10686, Brunswick, NJ 08906

Rides scheduled through Memorial Day should be sent by June 21.

Rides scheduled after Memorial Day thru Columbus Day should be sent by November 1.

Rides scheduled after Columbus Day thru New Year's should be sent by January 15.

Ride Classifications

PACE CATEGORIES - Road bike recommended

AX For strong, experienced cyclist in top physical condition. Average speed is 18 mph or more.

A+ For strong, experienced cyclist. Average speed is 17 to 18 mph.

A For strong, experienced cyclist. Average speed is 16 to 17 mph.

A- For strong experienced cyclist. Average speed is 15 to 16 mph.

B+ For good, competent cyclists. Average speed is 14 to 15 mph.

B For good, competent cyclists. Average speed is 13 to 14 mph.

B- For good, competent cyclist. Average speed is 12 to 13 mph.

C+ For average cyclists. Average speed is 11 to 12 mph.

C For average cyclists. Average speed is 10 to 11 mph.

C- For average cyclists. Average speed is 9 to 10 mph.

D For novice cyclist. Average speed is 9 mph or less.

Speeds indicate average upon completion of ride. Speeds will vary during ride depending on terrain.

TERRAIN RATINGS

1 Hill Mania (multiple long and/or steep climbs)

2 Large Hills (such as Hillcrest Road in Warren or Johnston Drive in Watchung)

3 Rolling Hills (such as Valley Road in Warren Township)

4 Mostly flat (except for occasional overpasses)

ATB RATINGS- For All-terrain and hybrids. Average speed will vary with terrain and rider's experience.

1 Log Novice. Basically flat. Typically tow paths and fire roads.

2 Logs Intermediate. Rolling. Rough paths and fire roads.

3 Logs Advanced. Numerous steep hills, some technical

MTB RATINGS- For All-terrain bikes only. Speeds will vary.

1 Log Novice. Basically flat to smooth.

2 Logs Intermediate. Rolling, rugged.

3 Logs Advanced. Hilly, technical.



CJBC Notes & Board Minutes



Sunshine Committee

To our friend
Marion Vurture,
we are wishing a speedy
recovery.

With Best Wishes,
CJBC

ANDRIE

SunshineCmte@cjbc.org

*We encourage all members to submit any articles or
information that they would like to see published in the
HUB.*



Board Meeting Minutes

November 2015

AGENDA

- Treasurer Earl Lapidis reported CBJC bank account figures. Earl to step down from post at end of year.
- Nick Spadavecchia reported 18 attendees thus far coming to holiday party
- David Lewis retired from the Board – Steve Siegel to take over tallying of ride sheets and putting Rider Spreadsheet online
- Rider ID Tags to be distributed next year. Tally to be done by end of year. Ride leaders with 3 rides and participants with 6 rides qualify to receive one.
- Lots of interest in club membership generated by Ride GPS. Joe DeSimone to put info on CBJC home page and link to YouTube video on how to use Ride GPS. Joe will also email members with a link to this YouTube video.
- Joe DeSimone reported we have 192 paid members.
- Earl reported that the success of Farmlands each year increases treasury revenue even after annual expenses deducted.
- John Colasanti reported that Harold Finkel would like to join the board. An email requesting nominations for new board members will be sent to all members by John or Joe DeSimone.

OUTSTANDING ITEMS

- Joe suggested new member cards no longer be mailed; instead, new member who register online can now print the card directly from their computer.
- Member suggested distributing Farmlands posters and flyers early next year in January to potential sponsors.
- John suggested having Habit for Humanity once again be a part of next year's Farmlands Ride since this was a very successful partnership at this year's Farmlands.
- John to update critical calendar with all necessary tasks including future treasury expenses to be paid.

OUTSTANDING ITEMS continued

- Board suggested giving donation to Metuchen Library for once again letting us use their facilities.
- Steve to book next board meeting with library.
- Steve suggested paying a speaker to come to one of our general meetings in order to increase attendees and members; Steve to find out cost of speaker from High Geer bicycle shop.
- Member suggested we advertise our variety of rides and various levels (A, B, C, EZ) which separates us from other clubs and is a big advantage for our club.
- Joe/John will continue to list Neil Cherry's rides on calendar.
- Ben Blum taught Carey Kotake how to update Google Form spreadsheet to be used as backup for rides.
- Joe to make sure new rides submitted online get forwarded to John and Steve.

SCRIBE

Nicholas Spadavecchia

Central Jersey Bicycle Club, Inc.
P. O. Box 10686
New Brunswick, NJ 08906
info@cjbc.org
732-225-4827 or 732-225-HUBS

The CJBC Board

President	Vacant		
Vice President	Vacant		
Treasurer	Earl Lapidés	732-261-2000	<u>Treasurer@cjbc.org</u>
Membership	Joe DeSimone	732-225-4827	<u>Membership@cjbc.org</u>
Recording Secretary	Carey Ann Kotake		<u>RecordingSecretary@cjbc.org</u>
Ride Captain	Steve Siegel	908-405-5037	<u>RideCaptain@cjbc.org</u>
Member at Large I	John Colasanti	908-456-2075	<u>MemberatLargeI@cjbc.org</u>
Member at Large II	Jim Spada	201-317-0007	<u>MemberatLargeII@cjbc.org</u>
Public Relations	Nicholas Spadavecchia	732-713-3187	<u>PublicRelations@cjbc.org</u>
Program Chair	David Lewis	732-381-8692	<u>Drlewis140@gmail.com</u>
Awards	Vacant		
LAB Rep	Mike Kruimer	732-586-3981	<u>Kliner54@optonline.com</u>
Farmlands Chair	John Colasanti	908-456-2075	<u>Seezer2@aol.com</u>
CJBC Information	CJBC Information	732-225-4827	<u>info@cjbc.org</u>

Prospective members may join CJBC via the "Join CJBC" tab at <http://www.cjbc.org/> or via active.com at this link: <http://www.active.com/edison-nj/cycling/memberships/central-jersey-bicycle-club-2015-membership-2014>

Send content for *The HUB* to NewsletterEditor@cjbc.org | **Deadline for all content is the 24th of the month.**

The views expressed in this publication are not necessarily the views of CJBC, Inc., nor do we endorse products or services advertised. **CJBC is a club affiliate of the League of American Bicyclists. Riders must wear approved helmets on all club rides!**



Rides of Interest

Rides Within This Section Provided to CJBC
From Outside Sources



Announcing the 2016 NJ Bike & Walk Summit!

Come Join Us at the 2016 NJ Bike & Walk Summit!

NJBWC announces the 2016 New Jersey Bike & Walk Summit, to be held on Saturday, February 27, 2016 at a NEW LOCATION, Princeton University in Princeton, NJ. With our new accommodations, this upcoming Summit is sure to be our biggest and best yet!

The NJBWC Summit is New Jersey's statewide meeting of bicycle and pedestrian advocates, elected officials and other civic leaders, transportation and urban planners, bike shop owners and managers, cycling, walking, fitness and health enthusiasts and experts, recreation, trails and club leaders and others who are interested in making our state a better place to live. It's an invaluable opportunity to connect and collaborate, and a perfect way to stay on the cutting edge of developments in active transportation in New Jersey and across the region.

At the 2016 Bike & Walk Summit, you'll have the opportunity to learn more about current state and federal legal and policy issues affecting your community, become aware of various public funding sources, and have the ability to network, identify and develop mutually beneficial relationships that can help your community become more bike and pedestrian friendly and therefore, more livable.

Speakers for the 2016 Summit include:

- **Cory Booker**, U.S. Senator (tentative)
- **Barbara McCann**, USDOT, Architect of the Complete Streets Movement
- **Princeton Mayor Liz Lempert**
- **Essex County Freeholder Vice President Brendan Gill**

Over 20 panel sessions and presentations are planned, including a pecha kucha session.

Registration

Registration includes access to all of the day's events, continental breakfast and box lunch. On-line pre-registration is available for \$55 per attendee. Registration will also be available at the event for \$70. Pre-registration price of \$55 ends on Wednesday, February 24, 2016 at midnight. Day-of registration and check-in will begin at 8 am on Saturday morning, February 27. Opening remarks and the plenary will begin promptly at 8:45 am.

Registration to the NJ Bike & Walk Summit is non-refundable. [Register Here](#)

Already dreaming of next year's bicycle tour? Adventure Cycling wants to help you dream, ride, and explore in 2015! We have 102 tours this year with 25 new and revised itineraries. With tours ranging in length from six days to three months, and styles like epic adventures, mountain-bike trips, fully supported tours, and classic self-contained expeditions, we have a tour you'll love. Be sure to check out our Best Tours for Beginners, Epic Adventures, and Mountain Bike Tours.

Find your tour now. Don't hesitate — a few of our 2015 tours have already sold out!

NEW EPIC TOURS

- Pacific Coast, September 8 – October 22
- Atlantic Coast, Van, April 30 – July 1
- Western Express – TransAm, Van, June 7 – August 22

NEW SELF CONTAINED & INN TO INN TOURS

- Great Lakes, June 7 – 17
- Alaskan Golden Circle, July 19 – 31
- Upstate New York Adirondack Loop, July 19 – 28
- Puerto Rico, Inn-to-Inn, January 11 – 22, December 6 – 17
- Crater Lake, Inn-to-Inn, July 26 – August 3
- Utah Parks Loop, Inn-to-Inn, September 6 – 12

NEW FULLY SUPPORTED & VAN SUPPORTED TOURS

- Southern Arizona Road Adventure, March 7 – 13
- Minnesota/Wisconsin Rivers and Trails, June 13 – 20
- Southern Ohio Relaxed, July 11 – 17
- Southern California Vistas, Van, March 15 – 21
- Natchez Trace, Van, April 11 – 18, April 19 – 26
- Tetons – Yellowstone, Van, July 25 – August 1
- Utah San Rafael Swell MTB, Van, October 3 – 10, October 11 – 18
- Mid-Atlantic Countryside, Van, October 10 – 18

NEW EDUCATIONAL COURSES

- Introduction to Dirt Touring, Maine, June 14 – 19
- Leadership Training Course, Indiana, June 1 – 4
- Under 30 Intro to Road Touring, Florida, March 15 – 20, Texas, March 22 – 27
- Women's Intro to Road Touring, Virginia, May 10 – 15, Oregon, July 19 – 24

<http://www.adventurecycling.org/guided-tours/?email=20141008>

Tours Matching: **USA Cycling** All USA located tours below

[Scottsdale Arizona Desert Self Guided Cycling Tour](#)

The Arizona deserts are a mecca for cyclists in the winter season! The weather makes it perfect for riding throughout the daylight hours and pro athletes, from tri-athletes to professional cycling teams come to the dessert to train. So, train like a pro, or at least get out of your cold northerly weather and come warm up on a bike ride; enjoy the western spirit of Arizona as well as the nightlife and ambiance of the sun! Road Cycling 6 Days Self Guided Difficulty: Fit from \$ 1295

[US - Yosemite to San Francisco SSD Bicycling Tour](#)

Not for the faint of heart, this adventure begins in the awe-inspiring Yosemite National Park and ends at the foot of one of the world's most recognizable structures, San Francisco's iconic Golden Gate Bridge. We pedal the hallowed vales of the Sierra Nevada in the shadow of such magnificent monoliths as El Capitan and Half Dome. Road Cycling 5 Nights / 6 Days Supported Self Directed Difficulty: Challenging from \$ 1499

[Death Valley Bicycling Discovery SSD Tour](#)

Bicycling on Death Valley's smooth winding roads that oscillate above and even below sea level take us over a land born of fire, rich in minerals and steeped in a curious history. This 3.4 million acre national park is the largest in the United States and known the world over as a geographic rogue; holds the honor of being the eighth lowest elevation location on the globe at -282 feet. Road Cycling 6 Days Supported Self Directed Difficulty: Fit from \$ 1495

[Bryce Canyon & Zion SSD Cycling & Hiking Tour](#)

Cycling and hiking in Bryce Canyon and then on to Zion National Park; available on specific departure dates for 2014 in our unique and new Supported Self Directed travel concept! Cycling & Hiking 5 Days Supported Self Directed Difficulty: Fit from \$ 1369

[US - Napa & Sonoma Wine Country SSD Bicycle Tour](#)

The old-world landscape of Napa and Sonoma counties may sit on the movie-magic producing coast of the world, but these California miles open up to nothing less than the ideal setting for a classic adventure story. From the seats of our bicycles, we immerse ourselves in a land stitched together by stubborn farmers and captured by storytelling giants like Jack London and Robert Louis Stevenson. 3 Nights / 4 Days Difficulty: Fit from \$ 1275

[US - Epic Climbs of Arizona's Sky Islands SSD Cycling Tour](#)

Experienced cyclists often consider their greatest moments on the bike as the instances of suffering high in the mountains, panting hard, legs on fire, and reaching the top! Powering around switchbacks, hoping you didn't go out too hard, and so on. There are few moments in life that clear the mind like an epic hill climb. On this trip we include 4 famous climbs, 2 of which are considered among the top 10 hardest hill climbs in the USA. Road Cycling 4 Days Supported Self Directed Difficulty: Challenging from \$ 995

For more tours and further information, check out their website at

<http://pure-adventures.com/list-tours/country-USA/activity-cycling#.VFU2DMt0w-g>

Hi Central Jersey Bike Friday Club,

I'm a BF rider, have been for 14 years. I lead multi day trips on the Indonesian islands of Sulawesi, Bali and Flores. Be thankful if you could pass this on to your members. Colin Freestone

CYCLE INDONESIA

Beginning 2009 we have led 18 trips on the Indonesian islands of Sulawesi, Bali and Flores. We provide riders with an authentic intercultural experience in the areas we cycle through covering food, language and customs. Our routes are on quiet country roads and we stop often enough to try local fruits and delicacies, to yarn with locals or to cool off under waterfalls. Accommodation is 'best available' which usually means, at the very least, AC, hot water and sit down toilets. The reality is a wide range from luxurious beach resorts to rustic village family guest houses. The groups are led by an Indonesian speaking Australian guide assisted by English speaking Indonesian drivers in support vehicles. Riders go at their own pace and can jump on a van at any time.

RIDES GUIDE 2015-2016 <http://www.cycleindonesia.com.au/trips.htm>

The next trip is in September 2015, it is to Central Sulawesi and there is ONE place available for a gentlemen cyclist.

Lake Poso Cycle Tour

9 days - 486 km - elevation 4147 m
04 - 13 September 2015 - AUD 2,189

Central Sulawesi Cycle Tour - 1 PLACE LEFT

16 days-879 km-elevation 7,193 m-51 hours ride time
04 - 19 September 2015 - AUD 3,190

Bali Cycle Tour - 6 PLACES LEFT

8 days - 283 km - elevation 3,543 m
24 hours ride time
20 - 27 November 2015 - AUD 1,869

Toraja Land Cycle Tour for Expats

7 days - 279 km
05 - 11 December 2015 - \$ TBA

Toraja Land Cycle Tour for Expats

7 days - 279 km
09 - 15 January 2016

North Sulawesi Cycle Tour

13 days-715 km - elevation 8,180 m - 36 hours ride time
12 - 24 March 2016

South South Sulawesi Cycle Tour

9 days - 524 km
06 - 13 May 2016

Toraja Land Cycle Tour for Expats

7 days - 279 km
14 - 20 May 2016

Trans Flores Cycle Tour

16 days - 670 km - elevation 10,184 m
01 - 16 July 2016

South South Sulawesi Cycle Tour

9 days - 524 km
18 - 26 August 2016

Lake Poso Cycle Tour

10 days - 486 km
09 - 18 September 2016

Central Sulawesi Cycle Tour

16 Days-879 km - elevation 7,193 m - 51 hours ride time
09 - 24 September 2016

Toraja Land Cycle Tour

14 days - 648 km - Elevation 4,200m - 47 hours ride time
17 - 30 November 2016



When?

Tuesdays¹ and Thursdays²

Where?

Meet at the Loeb Boathouse in New York City's Central Park, located on the left-hand side of the East Drive, North of the 5th Ave. and 72nd St. entrance to the park.

Time?

10:00 AM² Sharp

¹**Tuesday's** rides are all year round

²**Thursdays** rides sometimes meet at a different location or earlier time. Be sure to check the email for the meeting time and place. Also, we usually do not meet on Thursdays in November, December, January, February, or March

Temperatures below 30° or above 90° usually cancels a ride.

²Get on **The Weekday Cyclists email list** and receive advance notices of the Thursday ride destinations and other special bicycle related announcements. Send an email to  TWCinNYC@aol.com. Write "Add to TWC email list" in the subject line and give your full name and telephone number in the body of your email.

<http://weekdaycyclists.org/>



Miscellaneous Stuff

Including Ride Sheets & Sponsor Ads



ATTN: CJBC MEMBERS

HAVE NEW CJBC JERSEYS IN STOCK FOR SALE. THEY ARE THE BLACK AND YELLOW TIGER STRIPES. THEY ALSO NOW HAVE OUR CLUB WEBSITE ON THE BACK AND THE YEAR THE CLUB WAS ESTABLISHED WHICH IS 1968. WE HAVE MED, LG, XL, XXL, AND XXXL IN STOCK. THE PRICE IS \$55.00 EACH.

IF YOU WANT TO PURCHASE A JERSEY, PLEASE CONTACT
MIKE KRUIER @ 732-586-3981
EMAIL: KLINER54@OPTONLINE.NET FOR MORE





Central Jersey Bicycle Club, Inc.

2015 Ride Sheet

Ride Name as Published in HUB _____ Date _____
 Ride Leader _____ Mileage Listed _____ Actual Miles _____
 Leader's Additional Comments: _____

CJBC MEMBERSHIP RELEASE

In consideration of being permitted in any way in Central Jersey Bicycle Club sponsored bicycling activities I do hereby, for myself, for my heirs, executors and administrators waive, release and forever discharge any and all right and claims for property damage and/or personal injury which I may have or which may occur to me, against the Central Jersey Bicycle Club, or any of their officers, members, sponsors, agents or representatives, arising out of traveling to, participation in, or returning from the sponsored event.

Signature of adult responsible for minor (under 18 years old) rider: _____

Signature of adult responsible for minor (under 18 years old) rider: _____

	Signature	Print Name	CJBC Member	Emergency Phone	Cell Phone
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					

ALL RIDERS MUST WEAR HELMETS

Return completed ride sheets to: Awards Chairperson, PO Box 10686, New Brunswick, NJ 08906

Complete an Incident Report when accidents occur and send it to the address on the form and send a copy to the Club.

Classified Ads

There is no charge for member's classified ads. To place an ad, send it by email to the HUB editor at HubEditor@cjbc.org. Please contact the editor if you want your ad to run more than once.

Offering three new un-ridden **2013 Raleigh Carbon bikes** - cash prices at major discounts.

A white 55 Militis-1 with 105 and internal cables, orig \$2500 for \$1500. Same T-800 frameset as their \$7000 bike. And two Grey Revenio Carbon-1's, a 56 and 59 with Tiagra, orig \$1850 for \$1000. Also with Internal cabling. Look them up. They are very well rated. Bikes are in Oceanport. Contact Dennis Fahey at faheybike@verizon.net

TREK - Model 2200 Women's Specific Design Red, Top of the Line, OCLV Carbon Frame, All High End components, Shimano, Bontrager Tires, 27 Gears, Ultra Light Weight Racer Bike. Purchased 2002, Kept in excellent condition, Original Paperwork. \$800 or best offer. Call or email - Karen 732-521-0301 email: kdc0825@gmail.com

I have a class 3 hitch bike rack that I don't want. I am not selling it. I just want to give it to someone who could use it. I live in Long Branch. Thanks, Joe Connor
joeluke55@hotmail.com

RELEASE

In consideration of being permitted to participate in any way in Central Jersey Bicycle Club, Inc. sponsored bicycling activities. I do hereby, for myself, for my heirs, executors, and administrators waive, release, and forever discharge any and all rights and claims for property damage and/or personal injury which I may have or which may occur to me, against the Central Jersey Bicycle Club, League of American Bicyclists or any of their officers, members, sponsors, agents or representatives, arising out of traveling to, participating in, or returning from any of these activities.

Signature _____ Date _____

Signature _____ Date _____

Members must be at least 18 years of age. BOTH adults must sign if there are two adults being covered by the Family Membership.

Name _____

Name _____

(Name & address MUST be filled out completely & printed clearly)

Street _____

City _____

State _____ Zip _____

Phone (____) _____

E-mail address _____

Individual: 1 Yr \$15 Family: \$20

2 Yr \$30 \$40

3 Yr \$45 \$60

**Membership will include our monthly newsletter,
The HUB**



FAMILY MEMBERSHIPS

Family membership consists of one or two adults in the same household and minor children if any. All adult applicants must sign the release. Individuals under 18 must join as part of a Family Membership and a parent/guardian must sign the release for them.

Riders under 18 years of age must be accompanied by a responsible adult on a club ride. Please print all family members names below.

CJBC FEATURED RIDES

- New Member Ride - lunch provided
- Farmlands Tour - largest attendance with over 800 riders
- Longest Day Ride - distance challenge 100, double metric, 200 miles
- Hillier Than Thou - 62 or 100 of extremely hilly routes
- Tom Koenig Anniversary Ride - lunch provided
- Shortest Day Ride - 6 grueling miles and Holiday Party to celebrate

CJBC SOCIAL GATHERINGS

- General Meetings - alternate months with guest presenters
- Awards Meeting - awards distributed to leaders and riders including Spirit of Cycling
- Volunteers Dinner - thank our volunteers for their special efforts

PLEASE CHECK AREAS OF INTEREST

Event Volunteer

Ride Leadership

Serving on Board

Optional:

Age _____

Birthdate _____

Gender: Female Male

Where did you hear about the Club?

Our Membership List is published (for members only) once a year. If you **DO NOT** want your phone number to appear in the Membership List, check here:

From time to time the CJBC Membership List may be released on a one time only basis to bicycle-related organizations. If you **DO NOT** want your name/address released in this fashion, check here:

Join in January through September and your membership is good through December of the year in which you join. However, if you join the club after October 1st, your membership continues through December of the following year

CJBC SPONSORS

Our sponsors support our club, and offer skilled sales and/or service. **Most** sponsors also offer a 10% discount to club members on many items. Discounts are at the sponsoring shop's discretion. Your CJBC Membership Card is your identification.

Bound Brook

Efinger Sporting Goods

513 West Union Ave.

Bound Brook, NJ 08805

(732) 356-0604

Dept. Manager: Marc Cianfrone

Mechanics: Dustin Farnum

& Chris Scappino

Specialized, Raleigh,

Haro & more!

Expert Repairs, Wheel

building on site

M-F 9:30-9, Sat 9-5:30,

Sun 10-5

e-mail: marcc@efingersports.com

Perth Amboy

Jerry & Stan's Bicycle Shop

442 Amboy Ave.

Perth Amboy, NJ 08861

(732) 442-4370

Ask for Howie!

Expert Repairs

Hand-Built Wheels

Basic Tune-Ups thru Complete

Overhauls

Tires & Tubes-Gameau

Helmets-Camelback

e-mail: info@jerryandstans.com

<http://www.jerryandstans.com>

Somerset

Hightstown

Bicycle Rack

SALES & SERVICE

Route 33 & Airport Road

Hightstown, N.J. 08520

(609)-448-2928

Van Delfino, owner

bicyclerack@msn.com

<http://www.njbicyclerack>

Bike N Gear

1695 Amwell Road,

Somerset, N.J. 08873

(732)-873-0212

Prop: Gary Schnitzer

MGR: Anthony DiPaolo

Cannondale Specialized

Ellsworth

Turner Ventana Haro & Masi

Sales, Service, Trade-Ins,

e-mail: BikeNGear@aol.com



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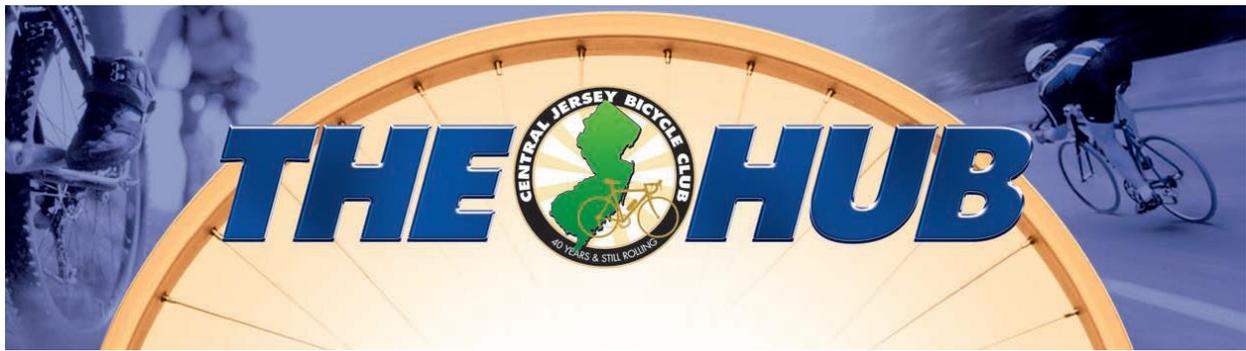
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