



Central Jersey Bicycle Club, Inc.

Over 40 Years and Still Rolling

Established 1968

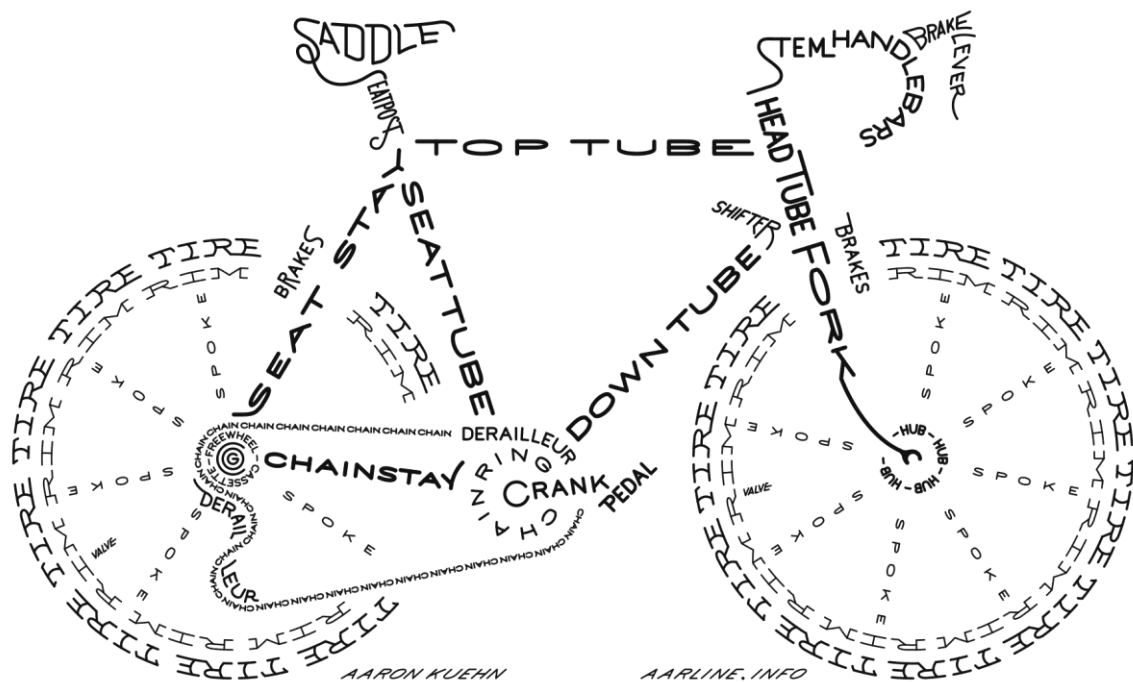
January 2017

Number 1

Farmlands Planning Meeting:

**Wednesday, January 11th at 7:00 PM
What's The Scoop, Metuchen, NJ**

Please be aware that all members are welcome to attend the Board Meetings. You must notify a member at large if you would like to speak. You may be allowed time to have your concerns expressed, time permitting.



A MESSAGE FROM OUR CLUB PRESIDENT

Dear CJBC Members,

Thank you for electing me as your President for 2017.

Last year was a banner year for our Club. With the success of Farmlands, Ride with GPS, a bike fixit station, our outreach programs along with our rides, we were able to grow our membership plus promote bicycle safety awareness. We have the best membership group on 2 wheels!

Our club members are very caring and supportive of each other. We have expanded our reach beyond our borders of Central Jersey to North, South, East(NY City) and West . We are becoming an integral force in bicycle safety and bicycle promotion initiatives on a personal and Club level. I am very happy to be the President of such a great group.

The members we have make my job of running meetings very easy. Our meeting discussions are open and honest. Membership participation, going forward, is needed even more as we look forward to 2017.

Promoting more rides, doing more community outreach bringing bicycle awareness and safety is on the table for next year. Accomplishing these and other tasks that promote our Club requires all members to lend their support. Any assistance is deeply appreciated.

During the coming year we will be having speakers along with group discussions on how we can continue to be the best Bicycle Club NJ has to offer! So please come to meetings so we can have your thoughts and ideas.

We also need volunteers! We need help with Farmlands, community outreach and more! Whatever help you can give is appreciated. Farmlands, our strongest initiative, is the reason we can keep dues low and give back to the membership more than we take in. Let's keep "rolling!"

Thank you again for your support and look forward to seeing all of you at our meetings and events,

Steven Seigel | President, CJBC | president@cjbc.org



CJBC Calendar & Rides



JANUARY

EVENT CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 NEW YEARS DAY Attention All Riders! 1st Ride Of 2017! EZ/4 10-20 Miles	2	3 Tuesday Hustle A 3/4 20-25	4	5	6	7 A- 3/4 60 miles, Which Ever Way The Wind Blows
8 D/D+ 4/3 16-35 One Loop or Two - Ben	9	10 Tuesday Hustle A 3/4 20-25	11 Farmlands Planning Meeting	12	13	14 A- 3/4 60 miles, Which Ever Way The Wind Blows D/D+ 4/3 16-35 One Loop or Two - Ben
15	16 MARTIN LUTHER KING JR. BIRTHDAY	17 Tuesday Hustle A 3/4 20-25	18	19	20	21 A- 3/4 60 miles, Which Ever Way The Wind Blows Friday? on Saturday C 4 33 Miles - Ben
22	23	24 Tuesday Hustle A 3/4 20-25	25	26	27	28 A- 3/4 60 miles, Which Ever Way The Wind Blows D/D+ 4/3 16-35 One Loop or Two - Ben
29	30	31				

* The event calendar can also be viewed on the CJBC website at www.cjbc.org. Be sure to check the Event Calendar on the website often. New rides may be listed at any time and the printed calendar in this newsletter shows rides submitted as of the 24th, give or take, of last month.

Ride Schedule

Sunday, January 1

Attention All Riders! 1st Ride of 2017!

Kevin Smith, 908-420-4636

Pace: EZ

Terrain: 4

Distance: 10-20 miles

Time: 10:00 AM

Come out and ride with CJBC's new Ride Captain. Start your year off with a nice easy pace and a stop for a hot coffee.

Saturday, January 7

Which Ever Way The Wind Blows

Neil Cherry, 732-723-0769

Pace: B+/A

Terrain: 3/4

Distance: 60 miles

Time: 9:00 AM

Village Park, Maplewood Avenue, Cranbury, NJ. Call ride leader before 9PM the night before to confirm time and starting point as these may differ. Dress warm!

Tuesday, January 10

Tuesday Hustle

Kevin Smith, 908-420-4636

Pace: A

Terrain: 3/4

Distance: 20-25 miles

Time: 4:30 PM

Johnson Park Zoo, off of River Road West of Highland Park, Piscataway, NJ. Meet at the parking lot between River Road and Rose Drive. Come out this Tuesday for an afternoon workout. Looking to blast out a non-stop 1½ hour ride. Please call by noon day of ride or leave a message. Lights are suggested. Hope to see you there!

Tuesday, January 3

Tuesday Hustle

Kevin Smith, 908-420-4636

Pace: A

Terrain: 3/4

Distance: 20-25 miles

Time: 4:30 PM

Johnson Park Zoo, off of River Road West of Highland Park, Piscataway, NJ. Meet at the parking lot between River Road and Rose Drive. Come out this Tuesday for an afternoon workout. Looking to blast out a non-stop 1½ hour ride. Please call by noon day of ride or leave a message. Lights are suggested. Hope to see you there!

Sunday, January 8

One Loop or Two

Ben, 848-667-5020

Pace: D/D+

Terrain: 4/3

Distance: 16-35 miles

Time: 10:00 AM

Village Park, Cranbury, NJ. Call by 5pm the day before. No calls, no ride. The ride will consist of 2 loops, starting and ending in Village Park. Do not know yet which will be first. To Dayton, see Ride Library Cranbury #24 16.0 Dayton for bagels. To Grovers Mill, either Ride Library Cranbury #25 17.6 to Grovers Mill Coffee or Cranbury #21A 16.5 to Grovers Mill Coffee.

Saturday, January 14

Which Ever Way The Wind Blows

Neil Cherry, 732-723-0769

Pace: B+/A

Terrain: 3/4

Distance: 60 miles

Time: 9:00 AM

Village Park, Maplewood Avenue, Cranbury, NJ.
Call ride leader before 9PM the night before to
confirm time and starting point as these may differ.
Dress warm!

Tuesday, January 17

Tuesday Hustle

Kevin Smith, 908-420-4636

Pace: A

Terrain: 3/4

Distance: 20-25 miles

Time: 4:30 PM

Johnson Park Zoo, off of River Road West of
Highland Park, Piscataway, NJ. Meet at the
parking lot between River Road and Rose Drive.
Come out this Tuesday for an afternoon workout.
Looking to blast out a non-stop 1½ hour ride.
Please call by noon day of ride or leave a
message. Lights are suggested. Hope to see you
there!

Saturday, January 21

Which Ever Way The Wind Blows

Neil Cherry, 732-723-0769

Pace: B+/A

Terrain: 3/4

Distance: 60 miles

Time: 9:00 AM

Village Park, Maplewood Avenue, Cranbury, NJ.
Call ride leader before 9PM the night before to
confirm time and starting point as these may differ.
Dress warm!

Saturday, January 14

One Loop or Two

Ben, 848-667-5020

Pace: D/D+

Terrain: 4/3

Distance: 16-35 miles

Time: 10:00 AM

Cranbury Library, 23 N Main St, Cranbury,
NJ. Call by 5pm the day before. No calls, no
ride.

Saturday, January 21

Friday? On Saturday

Ben, 848-667-5020

Pace: C

Terrain: 4

Distance: 33 miles

Time: 10:00 AM

Cranbury Library, 23 N Main St, Cranbury,
NJ. Call by 5pm the day before. No calls, no
ride. Cue sheet Cranbury #17.

Tuesday, January 24

Tuesday Hustle

Kevin Smith, 908-420-4636

Pace: A

Terrain: 3/4

Distance: 20-25 miles

Time: 4:30 PM

Johnson Park Zoo, off of River Road West of
Highland Park, Piscataway, NJ. Meet at the
parking lot between River Road and Rose
Drive. Come out this Tuesday for an
afternoon workout. Looking to blast out a
non-stop 1½ hour ride. Please call by noon
day of ride or leave a message. Lights are
suggested. Hope to see you there!

Saturday, January 28

Which Ever Way The Wind Blows

Neil Cherry, 732-723-0769

Pace: B+/A

Terrain: 3/4

Distance: 60 miles

Time: 9:00 AM

Village Park, Maplewood Avenue, Cranbury, NJ.
Call ride leader before 9PM the night before to
confirm time and starting point as these may differ.
Dress warm!

Saturday, January 28

One Loop or Two

Ben, 848-667-5020

Pace: D/D+

Terrain: 4/3

Distance: 16-35 miles

Time: 10:00 AM

Cranbury Library, 23 N Main St, Cranbury,
NJ. Call by 5pm the day before. No calls, no
ride.

**We suggest you call the ride leader if you intend to join a
ride. The leader does not have to ride if no calls are
received and if the leader has your number you can be
informed of any last minute changes.**

**We also encourage you to contact us regarding rides you'd
like to see and if you would be interested in becoming a
ride leader.**

Ad-Hoc rides are last minute ride postings.

Ad hoc rides are rides that are posted at least 2 days before the ride takes place. This amount of time is necessary so the notification is published on time.

See our rides schedule on our web site: **website's Event Calendar** (check the rides schedule often as new rides may be listed at any time; sometimes as little as two days before the ride).

Ride Leaders

Please send all Ride Rosters to:

[Award Chair](#)

P.O. Box 10686, Brunswick, NJ 08906

Rides scheduled through Memorial Day should be sent by June 21. Rides scheduled after Memorial Day thru Columbus Day should be sent by November 1.

Rides scheduled after Columbus Day thru New Year's should be sent by January 15.

Ride Classifications

PACE CATEGORIES - Road bike recommended

AX For strong, experienced cyclist in top physical condition. Average speed is 18 mph or more.

A+ For strong, experienced cyclist. Average speed is 17 to 18 mph.

A For strong, experienced cyclist. Average speed is 16 to 17 mph.

A- For strong experienced cyclist. Average speed is 15 to 16 mph.

B+ For good, competent cyclists. Average speed is 14 to 15 mph.

B For good, competent cyclists. Average speed is 13 to 14 mph.

B- For good, competent cyclist. Average speed is 12 to 13 mph.

C+ For average cyclists. Average speed is 11 to 12 mph.

C For average cyclists. Average speed is 10 to 11 mph.

C- For average cyclists. Average speed is 9 to 10 mph.

EZ For leisure cyclist. Average speed is 9 mph or less.

Speeds indicate average upon completion of ride. Speeds will vary during ride depending on terrain.

CJBC has reclassified the D paced ride classification to EZ (easy) to promote short and easy leisure bicycling. The EZ pace is for riders of all abilities seeking to ride at a leisure pace (9-11 mph) on flat to rolling roads for short distances of 15-20 miles.

TERRAIN RATINGS

1 Hill Mania (multiple long and/or steep climbs)

2 Large Hills (such as Hillcrest Road in Warren or Johnston Drive in Watchung)

3 Rolling Hills (such as Valley Road in Warren Township)

4 Mostly flat (except for occasional overpasses)

ATB RATINGS- For All-terrain and hybrids. Average speed will vary with terrain and rider's experience.

1 Log Novice. Basically flat. Typically tow paths and fire roads.

2 Logs Intermediate. Rolling. Rough paths and fire roads.

3 Logs Advanced. Numerous steep hills, some technical

MTB RATINGS- For All-terrain bikes only. Speeds will vary.

1 Log Novice. Basically flat to smooth.

2 Logs Intermediate. Rolling, rugged.

3 Logs Advanced. Hilly, technical.



CJBC Board & Member Notes



Central Jersey Bicycle Club, Inc.
P. O. Box 10686
New Brunswick, NJ 08906
info@cjbc.org
732-225-4827 or 732-225-HUBS

The CJBC Board			
President	Steven Seigel	908-405-5037	President@cjbc.org
Treasurer	John Colasanti	908-456-2075	Treasurer@cjbc.org
Membership	Joe DeSimone	908-229-9596	Membership@cjbc.org
Recording Secretary	Vacant		
Member at Large	Harold Finkel	732-666-7161	MemberatLarge@cjbc.org
Member at Large	Jimmy Mix	727-251-7401	MemberatLarge@cjbc.org
Public Relations	Nicholas Spadavecchia	732-713-3187	PublicRelations@cjbc.org
Program Chair	Mary Jane Walsh	908-238-9649	maryjane_walsh@yahoo.com
Ride Captain	Kevin Smith	908-420-4636	RideCaptain@cjbc.org
Awards Chair	Dan Rappoport	609-924-9417	bikefar@hotmail.com
LAB Rep	Vacant		
Farmlands Chair	Steven Seigel	908-405-5037	farmlands@cjbc.org
CJBC Information	CJBC Information	732-225-4827	info@cjbc.org

Prospective members may join CJBC via the "Join CJBC" tab at <http://www.cjbc.org/> or via active.com at this link: <http://www.active.com/edison-nj/cycling/memberships/central-jersey-bicycle-club-2015-membership-2014>

Send content for *The HUB* to NewsletterEditor@cjbc.org | **Deadline for all content is the 24th of the month.**

The views expressed in this publication are not necessarily the views of CJBC, Inc., nor do we endorse products or services advertised. **CJBC is a club affiliate of the League of American Bicyclists. Riders must wear approved helmets on all club rides!**

For any inquiries or questions regarding the HUB, please contact:
Felicita Rosario, Newsletter Editor (732) 912-3569 or NewsletterEditor@cjbc.org



Bike Club General Meeting Minutes

December 12, 2016

ATTENDEES

Board Members Attending:

John Colasanti –Treasurer

Steven Seigel – Ride Captain & Farmlands Chair

Nicholas Spadavecchia – Public Relations

Joe Desimone – Membership

Harold Finkel – Member at Large

Also Attending:

Kathy Staeger – Web Administration

Ben Blum

Don Marshall

Kevin Smith

Dan Rappaport

SCRIBE

Carey Ann Kotake

AGENDA

- Next Board Meeting Scheduled
 - February 13, 2017
 - Metuchen Library
 - Cyndi Steiner from NJ Bike & Walk Coalition will speak.
- Future Board Meetings
 - 3rd Monday of even numbered months.
 - Guest Speakers will be approved by Mary Jane Walsh
 - Mary Jane Walsh as Program Chair will book future meeting locations.
- 2017 Event Schedule
 - Awards Dinner
 - April 12, 2017
 - Hometown Buffet
 - Membership Ride—April 2017
 - Farmlands Tour—May 6, 2017
 - Longest Day Ride
 - Coordinator—Kevin Smith
 - Members only ride
 - June 10, 2017
 - Ice Cream Social—August 2017
 - Volunteer Dinner—August 2017
 - Anniversary/Tom Koenig Memorial Ride
 - October 2017
 - Actual day to be determined by Harold Finkel
 - Holiday Party—December 2017
- Club Bylaws
 - Review of the bylaws assigned to Harold Finkel but latter tabled for full board discussion
- NJ Bike & Walk Coalition Summit
 - February 25, 2017
 - Princeton, NJ
 - Club board members will attend.
 - If 5 members attend, fee will be discounted.
 - Proposed, club will pay for board members to attend.
- Ride Qualifications
 - Ride qualifies even if no members attend as long as ride leader posts and executes the ride.
 - Proposed, ride radius of 200 miles around New Brunswick.
 - Kevin Smith as Ride Captain will send document outlining responsibilities of ride leaders to members in April 2017.

- CJBC Facebook Page
 - Business Facebook account is extremely difficult to maintain.
 - Proposed, delete business account and create a new page.
 - Kevin Smith will transfer business account content to new private page.
- Hub Articles
 - Reminder: Board members will post articles on the HUB.
 - Recent articles submitted:
 - Harold Finkel—Bike Maintenance Day
 - John Colasanti—TS101 Class
- Web Administrator
 - New web administrator Kathy Staeger
 - Ben Blum and Joe DeSimone to meet with Kathy for knowledge transfer.
- Club Sponsors—Proposed, in lieu of sponsor fee, sponsors can contribute to event expenses such as energy drinks and rest stop supplies for Farmlands.
- Club participation in community events in 2017—Proposed, club should set up booths at local rides and fairs.
- Membership Report—Joe DeSimone
 - 236 Total Membership
 - 189 Individual Memberships
 - 44 Family Memberships
 - Increase of 15-20 members from 2015
- Voted in New Board Members
 - Steven Seigel--President
 - Kevin Smith—Ride Captain
 - Mary Jane Walsh—Program Chair
 - Jim Mix-Member at Large
- Voted in Returning Members
 - John Colasanti—Treasurer
 - Joe Desimone – Membership Chair
 - Harold Finkel—Member at Large
 - Nicholas Spadavecchia—Public Relations
 - Dan Rappoport – Awards Chair

CJBC Member Notes

The President's *Message*

A SPECIAL MESSAGE FROM YOUR PRESIDENT

Letter from the 2017 Farmlands Chair

F A R M L A N D S Saturday May 6th

Dear Friends and Members,

Your Central Jersey Bicycle Club's Farmlands invitational event has been a popular tri-state tradition for more than 30 years and is the first major bicycle event of the season. The event takes place at Brookdale Community College in Lincroft, NJ on the first Saturday in May.

It is THE MAJOR FUNDRAISER for our bicycle club along with other non-profit organizations and we'd like **everyone's help to continue to make it a success.**

We need this income in order to cover internet expenses, insurance and yearly charitable donations. This Event allows us to give back to our Members in the form of, "Ride with GPS," Member Appreciation ride, ice cream social, Tom Koenig Memorial Anniversary ride, Holiday dinner, member awards dinner, and other social events that includes meals.

Whatever time you can give to this even is deeply appreciated. In addition to being your President, I am also this Event's Chairperson. All of the Board Members are lending their support and many more volunteers are needed. This is a great way to get too know the people in your Club while having a good time. I had a great time last year and was very happy to see that much of the money went to Habitat for Humanity plus a Bike Fixit Station that was placed at the Metuchen Train Station.

I have set a meeting date of Wednesday, January 11 at, "What's The Scoop," where we will have ice cream and pizza. Start Time: 7PM. Please come out and show your support! If you are unable to come, please reach out to me if you wish to volunteer. I plan to break us up into committees so that each unit is responsible for their piece. This should help in cutting down hours needed. I would also like us to have a Farmlands Volunteer Ride. Let's discuss fully at the meeting. The goal is to have a very fun and successful Farmlands Event!

Thank you Members, in advance, for your support and enthusiasm! Hope to see all of you Wednesday, January 11, 2017 7PM at, "What's The Scoop!" May you and your loved ones have a very joyful holiday,

Steve Seigel

CJBC President and Chairperson for Farmlands

908-405-5037

Reminder: All Ride Leaders Submit Any 2016 Ride Rosters



As the Awards Chairman, I would like to remind all ride leaders to please submit any ride rosters from 2016 to me or mail to my attention **by January 15, 2017.**

Our address is
Central Jersey Bicycle Club
PO Box 10686
New Brunswick, NJ 08906

Thanks!

Dashing Dan Rappaport
Awards Chairman

Announcing the...

"Design the new CJBC's '50th Anniversary' Jersey Contest"

In celebration of our club's '**50th anniversary**' (1968 - 2018), we're holding a contest for all our members to design the next cycling Jersey. The Jersey can be designed with the CJBC colors in mind: white, yellow, green, black but can also be other colors. Our traditional CJBC Logo will be displayed somewhere on the Jersey.

The Jersey that receives the most votes, will be our next Jersey...best of all... the member that designed that Jersey, will get one free of charge!

Primalwear.com, manufacturers and designers of cycling clothing, will be the vendor we will be working with and ordering through. They feature all jersey types, sizes and cuts, for men and women. They also have helpful templates to drawn on and basic design ideas to achieve the custom Jersey we want as ours.

More information to follow in January so we can start designing at that time.

Good Luck!



Rides of Interest

Rides Within This Section Provided to CJBC
From Outside Sources

NJ Bike & Walk Summit

February 25, 2017

Register now for the **8th annual NJ Bike & Walk Summit**, which will be held on Saturday, February 25, 2017 at Princeton University!

New sessions just added!

- Advocacy Forum
- Getting bikeshare started in your community
- Making bike and pedestrian plans a reality
- Tools for better outreach, mapping
- Creating Parklets in your community
- Walking Audits - join us!

Princeton Mayor Liz Lempert will welcome attendees to this exciting conference geared towards community advocates, bike and walk enthusiasts, health, safety, and environmental experts, planners, engineers, consultants, and anyone else who is interested in making their cities and towns more livable places through biking and walking improvements.



Also addressing the audience will be **Paul Steely White, Executive Alternatives** in New York City. TA behind the transformation of New city, and now the advocacy Vision Zero movement.



Director of Transportation has been a powerful force York City into a walkable, rideable organization leads the city's

The Summit will be held at the **Friend Center of Princeton University**, on **Saturday, February 25, 2017 from 8:30 am to 5 pm.**

New Jersey Bike & Walk Coalition | info@njbwc.org | www.njbwc.org



THE BICYCLE CLUB OF PHILADELPHIA
Spring-n2-Cycling Weekend
Friday, May 5 - Sunday, May 7, 2017

In Pennsylvania's green, scenic Susquehanna Valley

All-inclusive, 3-day tour package in quaint Danville, PA along the Susquehanna River. Danville lies between the charming college towns of Bloomsburg and Lewisburg. Cycle along the peaceful countryside with green landscapes and covered bridges. There is mostly rolling terrain with some challenging climbs as well as flat roads along the river. We offer a wide variety of riding distances from 15 to 65+ miles.

Fares as low as \$175/person
please visit: <http://phillybikeclub.org>



LIFE, LIBERTY & THE PURSUIT OF THE RIDE

THE BICYCLE CLUB OF PHILADELPHIA
Spring-n2-Cycling Weekend

Our Tour Package includes:

- Friday & Saturday nights at the Danville Quality Inn. All rooms non-smoking.
- Friday evening Welcome Reception & Hot Dinner Buffet.
- Complete buffet-style breakfasts Saturday & Sunday (hot dishes included).
- Tour packets prepared for each guest, with cue sheets, maps, brochures, etc.
- Featured Group Rides with Leaders on Saturday & Sunday.
- A BOUNTY of "portable" cycling snacks to take along on rides.
- Saturday afternoon Post-Ride Party.
- Massage therapist on Saturday afternoon for post-ride massages.
- For cyclists with non-cyclist partners, an ABUNDANCE of fun, non-biking activities.
- Saturday dinner at the The Hotel Edison in Sunbury.
- Round-trip bus transportation to Saturday dinner.
- Sunday afternoon "Wrap-Up & Leftovers" Party.

Music, party games, and raffle prizes



Visit us at **<http://phillybikeclub.org>** for info or to register.

Questions? LindaBCPEvents@yahoo.com - 267-251-7862



6th Annual Delaware Gran Fondo & Governor's Ride

Sunday, May 21, 2017

Start location: Delaware Art Museum, 2301 Kentmere Parkway, Wilm., DE 19806

Start time: Mass start at 8am

Description:

Delaware's premier ride features a scenic but challenging 100-kilometer ride through world-class tourist attractions, including a once-a-year opportunity to cycle through the spectacular grounds of Winterthur Museum & Gardens and Hagley Museum & Gardens. Two timed climbs with age-group prizes. Medals to all Gran Fondo finishers. Last year riders from 15 states and three countries participated. Part of Wilmington Grand Prix Weekend.

Other route options include:

Medio Fondo (50k); Governor's Ride (24k)

Route options for all ability levels

Swag bag to all rides. Police escorted mass start. Police supported intersections.

Souvenir T-shirt. Medals to all Gran Fondo finishers. Post-ride BBQ with craft beer and giveaways.

To register:

www.wilmgrandprix.com (registration fees increase closer to ride date)

Phone: [302/655-6483](tel:3026556483)



**Baltimore Bicycling Club
35th Annual Kent County Spring Fling
Memorial Day Weekend, May 26-29, 2017**

4 days of cycling on Maryland's Eastern Shore with rides of 11-100 miles

Stay at historic Washington College, Chestertown, MD

(70 miles from Balto/DC; 85 miles from PA; 170 miles from NY)

Check in: Fri noon-9pm; Sat 8-10am Check out: Mon by 4pm (or 3-day option; Sun check out by 4pm)

HIGHLIGHTS

- **Great cycling on low-traffic, scenic roads, flat to rolling terrain**
- **Chesapeake Bay & its scenic byways with rides to Betterton Beach, Rock Hall and lunch on the pier, Centreville, Galena, and more!**
- **Bird sanctuary at Eastern Neck Wildlife Refuge and the soaring osprey!**
- **Historic Chestertown & the Tea Party Festival with 3 days of activities & music, local artisans, living history, & all the charm of this 18th century town**
- **Award winning Washington College Dining—7 meals/wine with dinner, dessert/cordial party, ice cream social, vegan, vegetarian, gluten-free options**
- **Off-site catered picnic lunch at spacious and pastoral Worton Park**
- **Live music, dancing on Saturday night; DJ music, dancing on Sunday night**

Weekend includes:

- *Lodging: Friday, Saturday & Sunday**
- *Breakfast: Saturday, Sunday & Monday**
- *Dinner: Saturday & Sunday; wine with dinner**
- *Picnic lunch on Sunday at Worton Park**
- *Brunch on Monday**
- *Entertainment and Socials: Friday, Saturday, & Sunday**
- *Map Packets (ride with a group or on your own)**
- *Yoga, indoor pool, game room**
- *Snacks, drinks all day at Hodson Hall**

Weekend options:

- *Friday dinner 6-8pm**
- *Lodging upgrades include suites ideal for groups/families**
- *Massage services on Saturday and Sunday**

**SUPER EARLY BIRD SPECIAL!! \$20 discount per person
Apply by JANUARY 25, 2017(mail in only) to receive this price!**

Questions: email kentcountyspringfling@gmail.com

Registration opens on January 1, 2017; check website: www.baltobikeclub.com

BICYCLE TOURS IN RUSSIA

Our cycle season 2016 has successfully passed. We had double amount of tour participants comparing with 2015! You can find some beautiful photos from our bike tours at www.rctc.ru/report.html

Now we started the application period for our 2017 tours. Check out our schedule at www.rctc.ru/tour.html

We announce 7 tours next summer! For the first time we suggest a guided tour outside Russia. The Mosel tour in Germany is going to be in May. In June, we prepare a completely new route combined from the best parts of Golding Ring and Moscow-St.Petersburg tours including 10 jubilee bike festival in Uglich. We end this tour in St. Petersburg just on time of White Nights. That is the most popular time for visiting this inimitable city. <http://www.rctc.ru/msspwn.html>

Our classic Golden Ring of Russia tours (adventure and comfort) and Moscow - St. Petersburg tours (new route) are as usual on. Plus Karelia tour (updated route). All tours are easily combined, so people may take two or more tours together with a good discount for following tours.

We expect more participants from Russia and abroad next summer. Now Rouble is not strong and we may suggest good price for international visitors.

Vladimir Filippov
Russian Cycle Touring Club

www.rctc.ru



When?

Tuesdays¹ and Thursdays²

Where?

Meet at the Loeb Boathouse in New York City's Central Park, located on the left-hand side of the East Drive, North of the 5th Ave. and 72nd St. entrance to the park.


Time?

10:00 AM² Sharp

¹**Tuesday's** rides are all year round

²**Thursdays** rides sometimes meet at a different location or earlier time. Be sure to check the email for the meeting time and place. Also, we usually do not meet on Thursdays in November, December, January, February, or March

Temperatures below 30° or above 90° usually cancels a ride.

²Get on **The Weekday Cyclists email list** and receive advance notices of the Thursday ride destinations and other special bicycle related announcements. Send an email to  **TWCinNYC @ aol.com**. Write "Add to TWC email list" in the subject line and give your full name and telephone number in the body of your email.

<http://weekdaycyclists.org/>



Miscellaneous Stuff

Including Ride Sheets & Sponsor Ads



Laff

YOU KNOW YOU WANT TO.



From Dashing Dan who
went to hell and back!
LOL.



Bicycles have replaced
walking in this town!

*Photos courtesy of
Dashing Dan Rappaport*

ATTN: CJBC MEMBERS

HAVE NEW CJBC JERSEYS IN STOCK FOR SALE. THEY ARE THE BLACK AND YELLOW TIGER STRIPES. THEY ALSO NOW HAVE OUR CLUB WEBSITE ON THE BACK AND THE YEAR THE CLUB WAS ESTABLISHED WHICH IS 1968. WE HAVE MED, LG, XL, XXL, AND XXXL IN STOCK. THE PRICE IS \$55.00 EACH.

IF YOU WANT TO PURCHASE A JERSEY, PLEASE CONTACT
MIKE KRUIMER @ 732-586-3981
EMAIL: KLINER54@OPTONLINE.NET FOR MORE





Central Jersey Bicycle Club, Inc.

2016 Ride Sheet

Ride Name as Published in HUB _____ Date _____

Ride Leader _____ Mileage Listed _____ Actual Miles _____

Leader's Additional Comments: _____

CJBC MEMBERSHIP RELEASE

In consideration of being permitted in any way in Central Jersey Bicycle Club sponsored bicycling activities I do hereby, for myself, for my heirs, executors and administrators waive, release and forever discharge any and all right and claims for property damage and/or personal injury which I may have or which may occur to me, against the Central Jersey Bicycle Club, or any of their officers, members, sponsors, agents or representatives, arising out of traveling to, participation in, or returning from the sponsored event.

Signature of adult responsible for minor (under 18 years old) rider: _____

Signature of adult responsible for minor (under 18 years old) rider: _____

	Signature	Print Name	CJBC Member	Emergency Phone	Cell Phone
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

ALL RIDERS MUST WEAR HELMETS

Return completed ride sheets to: Awards Chairperson, PO Box 10686, New Brunswick, NJ 08906
Complete an Incident Report when accidents occur and send it to the address on the form
and send a copy to the Club.

Classified Ads

There is no charge for member's classified ads. To place an ad, send it by email to the HUB editor at HubEditor@cjbc.org. Please contact the editor if you want your ad to be removed.

For Sale...Vintage 10 speed Bicycle...Raleigh "Record" made in Nottingham, England (medal crest on headset), Orange & White color, 21.5" (crank to seat post), 27" x 1 1/4 new gum wall tires, new gear shift cables, new brake pads, new seat, recently tuned, Very Good Cond. \$150.00.



Call John at 908-456-2075

Handmade Japan 18 speed, very good shape. May need tires, black frame. Located in Ford's, NJ.
Contact: Dennis Vaeth, Email - nowhereman144@yahoo.com.

Offering three new un-ridden **2013 Raleigh Carbon bikes** - cash prices at major discounts.

A white 55 Militis-1 with 105 and internal cables, orig \$2500 for \$1500. Same T-800 frameset as their \$7000 bike. And two Grey Revenio Carbon-1's, a 56 and 59 with Tiagra, orig \$1850 for \$1000. Also with Internal cabling. Look them up. They are very well rated. Bikes are in Oceanport. Contact Dennis Fahey at faheybike@verizon.net

TREK - Model 2200 Women's Specific Design Red, Top of the Line, OCLV Carbon Frame, All High End components, Shimano, Bontrager Tires, 27 Gears, Ultra Light Weight Racer Bike. Purchased 2002, Kept in excellent condition, Original Paperwork. \$800 or best offer. Call or email - Karen 732-521-0301 email: kdc0825@gmail.com

I have a class 3 hitch bike rack that I do not want. I am not selling it. I just want to give it to someone who could use it. I live in Long Branch. Thanks, Joe Connor
joeluke55@hotmail.com

RELEASE

In consideration of being permitted to participate in any way in Central Jersey Bicycle Club, Inc. sponsored bicycling activities. I do hereby, for myself, for my heirs, executors, and administrators waive, release, and forever discharge any and all rights and claims for property damage and/or personal injury which I may have or which may occur to me, against the Central Jersey Bicycle Club, League of American Bicyclists or any of their officers, members, sponsors, agents or representatives, arising out of traveling to, participating in, or returning from any of these activities.

Signature _____ Date _____

Signature _____ Date _____

Members must be at least 18 years of age. BOTH adults must sign if there are two adults being covered by the Family Membership.

Name _____

Name _____

(Name & address MUST be filled out completely & printed clearly)

Street _____

City _____

State _____ Zip _____

Phone (____) _____

E-mail address _____

Individual: ☐ 1 Yr \$15 Family: ☐ \$20

☐ 2 Yr \$30 ☐ \$40

☐ 3 Yr \$45 ☐ \$60

**Membership will include our monthly newsletter,
The HUB**



FAMILY MEMBERSHIPS

Family membership consists of one or two adults in the same household and minor children if any. All adult applicants must sign the release. Individuals under 18 must join as part of a Family Membership and a parent/guardian must sign the release for them.

Riders under 18 years of age must be accompanied by a responsible adult on a club ride. Please print all family members names below.

CJBC FEATURED RIDES

- New Member Ride - lunch provided
- Farmlands Tour - largest attendance with over 800 riders
- Longest Day Ride - distance challenge 100, double metric, 200 miles
- Hillier Than Thou - 62 or 100 of extremely hilly routes
- Tom Koenig Anniversary Ride - lunch provided
- Shortest Day Ride - 6 grueling miles and Holiday Party to celebrate

CJBC SOCIAL GATHERINGS

- General Meetings - alternate months with guest presenters
- Awards Meeting - awards distributed to leaders and riders including Spirit of Cycling
- Volunteers Dinner - thank our volunteers for their special efforts

PLEASE CHECK AREAS OF INTEREST

Event Volunteer ☐

Ride Leadership ☐

Serving on Board ☐

Optional:

Age _____

Birthdate _____

Gender: ☐ Female ☐ Male

Where did you hear about the Club?

Our Membership List is published (for members only) once a year. If you **DO NOT** want your phone number to appear in the Membership List, check here: ☐

From time to time the CJBC Membership List may be released on a one time only basis to bicycle-related organizations. If you **DO NOT** want your name/address released in this fashion, check here: ☐

Join in January through September and your membership is good through December of the year in which you join. However, if you join the club after October 1st, your membership continues through December of the following year

CJBC SPONSORS

Our sponsors support our club, and offer skilled sales and/or service. **Most** sponsors also offer a 10% discount to club members on many items. Discounts are at the sponsoring shop's discretion. Your CJBC Membership Card is your identification.

Somerset

Hightstown

Bicycle Rack

SALES & SERVICE

Route 33 & Airport Road

Hightstown, N.J. 08520

(609)-448-2928

Van Delfino, owner

bicyclerack@msn.com

<http://www.njbicyclerack.com>

Bike N Gear

1695 Amwell Road,

Somerset, N.J. 08873

(732)-873-0212

Prop: Gary Schnitzer

MGR: Anthony DiPaolo

Cannondale Specialized

Ellsworth

Turner Ventana Haro & Masi

Sales, Service, Trade-Ins,

e-mail: BikeNGear@aol.com

HALTERS 609-924-7433 (RIDE)

1325 Route 206N

Skillman, NJ 08558





www.cyclecraft.com

LONG VALLEY

8 West Mill Rd
Long Valley, NJ
07853

908 876-5600

[E-mail this location](#)

PARSIPPANY

New Road & Route 46
Parsippany, NJ 07054
(973) 227-4462

Fax: (973) 227-0924

[E-mail this location](#)

East Brunswick
1020 Route 18 N
732-651-8080

Old Bridge
361 Route 34
732-290-9898



www.planetbikenj.com



**MILLBURN - High Gear
Cyclery**
20 Main Street, Millburn,
NJ 07041
973-376-0001

Prop: Rone Lewis,

Gen'l Mgr: Nick Burton

www.highgearcyclery.com

sales@highgearcyclery.com

**STIRLING - High Gear
Cyclery**
393 Main Avenue, Stirling,
NJ 07980
(908) 647-2010

Prop: Rone Lewis, Gen'l
Mgr: Craig Ward

www.highgearcyclery.com

sales@highgearcyclery.com

RUTGERS BIKE



732-985-1770

1354 Stelton Road, Piscataway, NJ 08854



89 FIRST AVENUE
ATLANTIC HIGHLANDS, NJ 07716
732-291-EYES(3937)

www.eyesonfirstave.com/



Central Jersey Bicycle Club, Inc.

Over 40 Years and Still Rolling

Established 1968

January 2017

Number 1

Happy Bicycling!

