



Central Jersey Bicycle Club, Inc.
Over 40 Years and Still Rolling

Established 1968	December 2013	Number 12
Upcoming Events: December Meeting Board Elections BE THERE!	General Meeting December 16 th , 2013, 7:00 PM Metuchen Library	Board Meeting January 20 th , 2014 7:00 PM Metuchen Library

Please be aware that all members are welcome to attend the Board Meetings.
 You must notify a member at large if you would like your voice to be heard.
 This way, you may be allowed time to have your concerns
 expressed, time permitting.



1.

The DIY Solar Powered Trike features three wheels and a set of solar panels that power onboard batteries. This renewable electricity can take the trike to a top speed of 18mph depending on the weight of the rider.

Ride Schedule

Sunday, December 1

Friday? on Sunday

Ben

609-655-0979

Start Time: 10:00 AM

Pace: C

Terrain: 4

Mileage: 30+/-

Start Location: Village Park, Cranbury

Description: Call by 5PM Saturday"

Saturday, December 7

Whichever Way the Wind Blows Longest Day training

Neil Cherry

732-723-0769

Pace: A

Terrain: 3

Distance: 60 - 80 miles.

Time: 9:00 AM

Village Park, Maplewood Ave at Westminster Pl, Cranbury Directions - From Main St., turn on Westminster and go one block to park. Call ride leader no later than 9PM the night before to confirm time and starting point.

ncherry@comcast.net

Saturday, December 21

Whichever Way the Wind Blows Longest Day training

Neil Cherry

732-723-0769

Pace: A

Terrain: 3

Distance: Whichever Way the Wind Blows Longest Day training

Neil Cherry

732-723-0769

Pace: A

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ncherry@comcast.net

Saturday, December 7

Friday? on Saturday

Start Time: 10:00 AM

Ben

609-655-0979

Pace: C

Terrain: 4

Mileage: 25+

Start Location: Village Park, Cranbury

Description: Call by 5PM

Saturday, December 14

Whichever Way the Wind Blows Longest Day training

Neil Cherry

732-723-0769

Pace: A

Terrain: 3

Distance: 60 - 80 miles.

Time: 9:00 AM

Village Park, Maplewood Ave at Westminster Pl, Cranbury Directions - From Main St., turn on Westminster and go one block to park. Call ride leader no later than 9PM the night before to confirm time and starting point. ncherry@comcast.net

Saturday, December 28

Whichever Way the Wind Blows Longest Day training

Neil Cherry

732-723-0769

Pace: A

Terrain: 3

Distance: Whichever Way the Wind Blows Longest Day training

Neil Cherry

732-723-0769

Pace: A

Terrain: 3

Distance: 60 - 80 miles.

Time: 9:00 AM

Village Park, Maplewood Ave at Westminster Pl, Cranbury Directions - From Main St., turn on Westminster and go one block to park. Call ride leader no later than 9PM the night before to confirm time and starting point. ncherry@comcast.net

To the Members of the Club:

It is that time of the year again: the end of the year. That means it is time for everyone to send in their ride attendance sheets. Please send your sheets at:

Central Jersey Bicycle Club, Inc.

P. O. Box 10686

New Brunswick, NJ 08906

ATTN: AWARDS CHAIR

no later than January 15. Also send in your mileage by January 15. Have a wonderful holiday and I hope you receive the titanium bicycle you always wished for this season but had no time to purchase because you were on a CJBC ride.

CJBC



**Join us on our rides.
Room for many more!!!**

Ad-Hoc rides are last minute ride postings.

Ad hoc rides are rides that are posted at least 2 days before the ride takes place. This amount of time is necessary so the notification is published on time.

See our rides schedule on our web site: [website's Event Calendar](#) (check the rides schedule often as new rides may be listed at any time; sometimes as little as two days before the ride).

Ride Leaders

Please send all Ride Rosters to:

[Dan Rappoport](#)

P.O. Box 10686, Brunswick, NJ 08906

Rides scheduled through Memorial Day should be sent by June 21.

Rides scheduled after Memorial Day thru Columbus Day should be sent by November 1.

Rides scheduled after Columbus Day thru New Year's should be sent by January 15, 2014.

Ride Classifications

PACE CATEGORIES - Road bike recommended

AX For strong, experienced cyclist in top physical condition. Average speed is 18 mph or more.

A+ For strong, experienced cyclist. Average speed is 17 to 18 mph.

A For strong, experienced cyclist. Average speed is 16 to 17 mph.

A- For strong experienced cyclist. Average speed is 15 to 16 mph.

B+ For good, competent cyclists. Average speed is 14 to 15 mph.

B For good, competent cyclists. Average speed is 13 to 14 mph.

B- For good, competent cyclist. Average speed is 12 to 13 mph.

C+ For average cyclists. Average speed is 11 to 12 mph.

C For average cyclists. Average speed is 10 to 11 mph.

C- For average cyclists. Average speed is 9 to 10 mph.

D For novice cyclist. Average speed is 9 mph or less.

Speeds indicate average upon completion of ride. Speeds will vary during ride depending on terrain.

TERRAIN RATINGS

1 Hill Mania (multiple long and/or steep climbs)

2 Large Hills (such as Hillcrest Road in Warren or Johnston Drive in Watchung)

3 Rolling Hills (such as Valley Road in Warren Township)

4 Mostly flat (except for occasional overpasses)

ATB RATINGS- For All-terrain and hybrids. Average speed will vary with terrain and rider's experience.

1 Log Novice. Basically flat. Typically tow paths and fire roads.

2 Logs Intermediate. Rolling. Rough paths and fire roads.

3 Logs Advanced. Numerous steep hills, some technical

MTB RATINGS- For All-terrain bikes only. Speeds will vary.

1 Log Novice. Basically flat to smooth.

2 Logs Intermediate. Rolling, rugged.

3 Logs Advanced. Hilly, technical.

November 18, 2013 Board Meeting Minutes--7:00 PM Call to order

President: Vacant position

Vice President: Vacant position

*Treasurer Earl Lapides: Conducted the meeting:

CJBC Treasurers Report : As of November 24, 2013

Bank of America (checking) \$33,064.87.

*Membership Joe DeSimone : *Not Present*

*Awards Dan Rappaport: *Dan Rappoport announced that he is stepping down as the Awards Chairman due to a change in his job duties. The job is very simple. He will be happy to explain to his successor how to compute the data for The Race to the Moon.*

*Member at Large Ben Blum: *Page 6*

Member at Large David Young: *Not Present*

*Public Relations Mike Kruimer: *Coming Events page 16*

Program Chair John Hartigan:

December program will be Road find,(nothing dead or half dead) Bake off and Swap Meet.

*HUB Editor Andrie: *Not Present.*

The HUB Editor position will be available for next year.

The responsibilities involved are:

- to include articles sent to you by variety of sources*
- add all the rides sent by your deadline*
- use your skills to make it fun and interesting. I tried to do that by adding the restaurant recommendations, not too much success since the input was poor. I also tried to make it fun by adding the joke of the month. I tried to add pictures when appropriate to add more interest to the reader. I will be willing to train anyone who is interested.*

Please let Andrie know at b.yu17@yahoo.com.

9:00 PM Meeting adjourned.

1. Member at large Ben Blum' Minutes

a. Received positive feedback regarding 'new' website

b. A non-board member suggested board nominees should tell of plans for their tenure. the board is happy to have volunteers and feels unless there are contested positions, this may not be necessary. hopefully the new members will at least introduce themselves.

c. A non-board member suggested that board members should lead rides. probably true but since most board and non-board members don't, it's not necessary but participation seems reasonable.

d. Some believe there is too much content in the HUB including some not bicycle related. agree or not, I think critics should take turns publishing an issue. Btw, there is a vacancy for the editor's position next year.

2. *Old/New business*

a. There has been no farmlands meeting scheduled by the chair and no recent communication with the chair. we were told it would be in November. the board requests that outstanding issues/complaints be addressed.

b. The award structure is as follows –

i. Ride leaders leading at least 12 rides will receive a club jersey or a \$60.00 certificate. a ride qualifies if it is listed in the HUB or as an adhoc ride and the leader rides the ride, with or without participants

ii. The Hal Volz high mileage award will be given to the top 3 riders with 5000 or more miles. There is no other requirement other than submitting your 'log' to our PO Box or any board member.

c. There are 2 board positions to fill, awards chair and hub editor

Members are encouraged to post photos on the new site. the procedure is simple

i. login

ii. place the cursor over your name (top right of screen) and choose Profile on the dropdown

iii. in the Website box, click on Photo albums

iv. click the button to add an album

v. fill in the screen to create an album

vi. click on the pencil icon to get to the screen to add (upload photos)

vii. after adding photo(s) click the photo albums 'button' on the top of the web page.

Your album will appear under Member Photo Pages

Slate for 2014 Board

President - John Pember

Vice President - Ben Blum

Treasurer - Earl Lapidés

Recording Secretary - Manny Coelho

Membership Chair - Joe DeSimone

Awards Chair - Vacant

Hub Editor - Vacant

Advocacy/Lab Chair - David Lewis

Program Chair - John Hartigan

Member-at-Large - Andrie Haikin

Member-at-Large - David Young

Public Relations Chair - Nick Spadavecchia

Att: CJBC Members.

We now have new CJBC jerseys in stock for sale. They are the Black and Yellow Tiger stripes. They also now have our club website on the back and the year the club was established which is 1968. We have Med, Lg, XL, XXL, and XXXL in stock. The price is \$55.00 each.

If you want to purchase a jersey, please contact John Hartigan @ (732)429-0152.

Email ballyglassjohn@gmail.com

for more info.

Sincerely,

John Hartigan.

CJBC Apparel Manager



December General Meeting



Monday December 16, 2013 at 7:00 PM

PRIZES WILL BE AWARDED IN ALL CONTESTS

**CJBC'S ANNUAL BAKE OFF CONTEST
ENTER YOUR FAVORITE RECIPE
DON'T FORGET WHY WE RIDE ... TO EAT!*

IT'S TIME TO SHOWCASE YOUR TREASURES....

**CJBC's Annual Road Find Contest*

*Bring your items to the Categories:
Funniest, Cutest, & Most Useful*

*This year we are bringing back the swap.
So bring anything you would like to swap and let's have
some fun.*

**items obtained while riding your bike
nothing alive or used to be alive will be accepted.*



Subject: Holiday Party

Here is the information on the up coming Holiday Party:

Date: Saturday December 21, 2012

Place: Gabriela's Authentic Portuguese Cuisine

Address: 42 West Main Street

Somerville. NJ 08876

Telephone Number: 908-526-7070

Time: 1:00 – 4:00 PM

The price for members is \$20.00 and you will get that check back at the party.

The price of guests is \$40.00 and you do not get that back. If you are paying for a member and one or more guests, please use two checks.

To join the festivities, please send your check(s) to:

1586 Brookside Road

Mountainside NJ 07092

Should you have any questions, I can be reached by phone at 908-233-0240 or by email at rsherry8@comcast.net.

Below is the menu and please specify your choice of entrée at the time you submit your check or earlier. You can also submit your choice of entrée by email. In addition, if you have any special needs (such as being a vegetarian) you should contact me and we will work to accommodate them.

Robert Sherry

Gabriela's Authentic Portuguese Cuisine
42 West Main St.
Somerville, NJ 08876
908-526-7070 • www.gabrielasrestaurant.com

Central Jersey Bicycle Club

Salad

Mixed greens, cucumbers, tomatoes, carrots, and onions with our own balsamic-herb vinaigrette

Appetizers

Served family style:

- **Camarão à Guilho**- Shrimp sautéed in extra-virgin olive oil with fresh garlic and parsley
- **Chouriço da Casa**- Sautéed Portuguese sausage

Entrees

Choose from one of the following:

- **Tilapia & Shrimp**- Tilapia fillet sautéed with shrimp in a parsley-white wine sauce served with saffron rice and sautéed vegetables
- **Picadinho**- Traditional Portuguese dish of pork sautéed with shrimp and golden-fried hand cut potatoes
- **Chicken Picadinho**- Traditional Portuguese dish of chicken sautéed with shrimp and golden-fried hand cut potatoes
- **Pimentos Recheados**- Roasted pepper stuffed with a vegetable-rice medley topped with melted cheese served with a small mixed green salad

Beverages

Soda or Iced Tea & virgin Sangria fruit pitchers **(to be mixed with your own wine)**

Dessert & Coffee/Tea

- Authentic Portuguese Flan
or
- **Gluten Free** Rice Pudding



November 18, 2013

Our sponsors, collaborators, and club members...

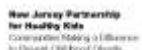
Toward zero deaths: Fixing a safety blind spot

Last week, a coalition of bipartisan lawmakers in the US House and Senate introduced identical bills ([HR 3494](#) and [S 1708](#)) -- the **Bicycle and Pedestrian Safety Act** -- to help reduce the number of bicycle and pedestrian fatalities on American roadways.

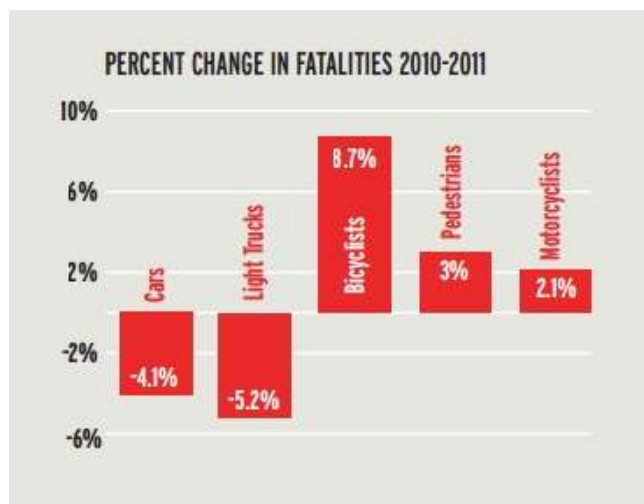
Between 2008 and 2011, overall traffic deaths in the US decreased by over 15%; however, during that same period, pedestrian and bicyclists fatalities increased from 12% to 16% nationally. **In New Jersey, that number reached 27%, making NJ the second worst state for bicyclist and pedestrian fatalities.**

Even as the number of fatalities has increased, the attention to bicycle and pedestrian safety has not. Less than 0.5% of federal Highway Safety Funds are spent improving bicyclist and pedestrian safety. In New Jersey, that number is 0.2%. Currently, **there is no incentive or guidance given to states to reduce the annual toll of 5,000 pedestrian and cyclist deaths.**





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Source: Fatality Analysis Reporting System/NHTSA

The Bicycle and Pedestrian Safety Act would require the US Department of Transportation to establish a national performance measure that tracks the number of serious injuries and fatalities for **both motorized and non - motorized transportation**. Currently, only motorized transportation has a performance measure. The law would require each state to set a performance goal for the reduction of bike and pedestrian fatalities.

Establishing this simple safety performance measure will encourage states to prioritize roadway designs that are safe for all users, and encourage education and enforcement programs that rid our communities of the scourge of distracted driving, speeding, and drunk/drugged driving, behaviors that lead to pedestrian and bicyclists deaths.

Click [here](#) to tell your legislators to support the Bicycle and Pedestrian Safety Act.

Support NJBWC!

Speak up for safer roads and [renew your NJBWC membership](#) now! Annual membership is \$35 for Bronze level, \$50 for Silver, \$100 for Gold and \$250 for Platinum. To renew your membership on-line, please click [here](#). Credit card payments can be made through PayPal at the same link.

Thank you for your support!

Regards,
Cyndi Steiner
Executive Director



New Jersey Bike & Walk Coalition
info@njbwc.org www.njbwc.org
Box 140, 551 Valley Road
Upper Montclair, NJ 07043

ValleTours.com

Amazing Cycling Itineraries

From the Apennines to the Adriatic

We have just updated our website with our 2014 Italy tours and have some great offers for your members. Our itineraries extend from the stunning Apennine Mountains in the west to the beautiful Adriatic beaches in the east, and north to the Marche Region. These tours are designed to give the cyclist some great riding with little traffic, while taking in some spectacular scenery and interesting destinations. Here is a sample of our tours.

***Tour #1, From the Apennines to the Adriatic, Relaxed Pace, 11 Days, May 28 to June 7 \$1895 or \$3395 per couple. Club rate for groups of 3 or more \$1595 per person.**

Fully supported, reduced mileage and a relaxed pace makes this a great couple's tour.

*** Tour #2, 11 Days, Brisk Pace, Roadies Tour, June 12 to June 23 \$1895 or \$3395 per couple. Club rate for groups of 3 or more \$1595 per person.**

This is an up tempo itinerary designed for the rider comfortable riding in a group at a brisk pace. This ride features the Citta di Teramo Gran Fondo and many amazing routes including Penne, the City of Art and Ascoli Piceno. Copy and paste this link into your browser and enjoy a 10 minute recap of the 2013 gran fondo. Note at the 2:00 minute mark they interview 2 of our guests. www.youtube.com/watch?v=sHldhzoj2hs

*** Tour #3, Semi-Guided Tour, Starting June 27 and Oct 6. \$775 per person for one week
975 per person for 2 weeks**

These tours represent exceptional value for those who want to be more independent and adventurous. We provide 2 full days of guiding, welcome dinner and guide book with 35 different routes. (non supported)

***Tour #4, From the Appenines to the Adriatic, Relaxed Pace, 11 Days, Sept. 8 to Sept. 18 \$1895 or \$3395 per couple. Club rate for groups of 3 or more \$1595 per person.**

Fully supported, reduced mileage and a relaxed pace makes this a great couple's tour.

***Tour #5, 11 Days, Brisk Pace, Best of My Hub and Spoke Roadies Tour, Sept. 22 to Oct. 2 \$1595 or \$2895 per couple. Club rate for groups of 3 or more \$1395 per person.**

This is an up tempo itinerary designed for the rider comfortable riding in a group at a brisk pace. You will experience the beautiful, diversified countryside of Abruzzo riding the roads used by the Giro d'Italia.

Save an extra \$100 per person on these tours if booked by October 31, 2013.

Not on Website;

Email us to get on a list for 2015 Giro Tour.

Self-guided Tours start at only \$475/week/person

Email Gord for a detailed itinerary of the tour that interests you at gordonlitster@shaw.ca

Some meals are included on tours, details are in the itineraries.

All accommodation is provided.

Ciao Gord

[Adventure Cycling](#)



[Self Contained](#) | [Inn to Inn](#) | [Fully Supported](#)
[Van Supported](#) | [Educational](#)

"The companionship of my fellow riders made my tour a wonderful experience that I'll never forget!" – 2012 Tour Participant

Bicycle tours forge lifelong memories. On our [guided tours](#), you may start out as a group of strangers, but before long you'll gather around the evening campfire or over a delicious meal together to share stories from the day's ride and celebrate your experiences. You'll find that you're among friends, united by your passion for bicycle travel, good food, positive connections, and of course, fun! Our [early season tours](#) are now available. Plan on a memorable 2014: [Sign up](#) for your tour today. Here are a few highlights from Adventure Cycling's early season tours: [Florida Keys](#): January 4 - 14 and January 18 - 28. A self-contained 381-mile, loop ride that takes in Florida's largest city, longest bridges, and wildest swamplands.

[Florida Gulf Coast](#): February 22 – March 1. This van-supported tour visits some of the most pristine beaches in America, along with a diverse array of other coastal and inland landscapes.

[Death Valley](#): March 1 - 7, March 8 - 14, March 15 - 21, and March 22 - 28. Stretch your legs on this van-supported adventure and pedal past sand dunes, hot springs, canyons, rock formations, and an incredible variety of plant and animal life. Sign up soon, these tours sell out very quickly!

[Southern Arizona Sunsets](#): March 8 - 14 and March 15 - 21. Get an early taste of spring on this memorable bike tour through the high Sonoran Desert.

View more early season highlights and other tours on our [guided tours](#) page.



5th ANNUAL BICYCLE TRAVEL PHOTO CONTEST

Adventure Cycling invites you to enter your most stunning photos — highlighting the beauty, adventure, and inspiration of bicycle travel — in our

[5th Annual Bicycle Travel](#)

[Photo Contest](#). The winning image will be printed in the March 2014 issue of *Adventure Cyclist* magazine and featured on our website. Each year we also feature photo contest photos in our annual [Adventure Cycling calendar](#). The first place winner will receive a two-year membership with Adventure Cycling and a \$100 gift certificate to the Cyclosource store. [Submit your photos today!](#)

CYCLE INDONESIA 2013

<http://www.cycleindonesia.com.au/>

Bike Friday & CYCLE INDONESIA

I've been a BikeFriday rider for 12 years.

I've been cycling Indonesia since 1995.

Beginning 2009 I've led 14 group trips for 100+ riders on the island of Sulawesi.

Sulawesi is ideal for cycle touring. Life is still mostly traditional, lots of quiet back routes and the people are welcoming. The landscape varies every few kilometers. There are still active volcanoes, rugged jungle clad mountain ranges, rice plains and terraced hillsides, while sand coastlines and idyllic offshore palm fringed coral islands. In addition to the cycling there's international class diving and snorkeling, white water rafting and mountain trekking.

We organize fully supported trips on various parts of the island.

We make a serious effort to provide a genuine *cultural immersion experience*.

We plan our trips so riders can experience Indonesia as it really is. Routes are in non tourist Indonesia. Food is authentic Indonesian cuisine. Every effort is made to provide riders with a non tainted genuine Indonesian experience.

Colin Freestone

ausindo@rad.net.id

TRIPS GUIDE 2013 - 2014

South Sulawesi

9 Days - 498 km / elevation: 5303m

01 - 09 December 2013

A\$ 1599

6 riders

This trip begins in Makassar and takes us into the mountains and valleys of the Malino highlands where we'll enjoy magnificent scenery of rice terraced hillsides and rustic vegetable growing villages on our way to Sinjai on the east coast. From Sinjai we'll head south to the white sand beaches of Bira and idyllic off shore islands to do some snorkling. On our way back to Makassar we'll pass traditional boat building at Tana Beru, have a picnic lunch at Bantaeng waterfall, spend the night by the beach in the horse and corn district of Jeneponto before passing through market gardens between Takalar and Makassar.

[<http://www.cycleindonesia.com.au/13_southsouth.htm>](http://www.cycleindonesia.com.au/13_southsouth.htm)

Toraja Land

14 Days - 648 km

17 - 30 January 2014

A\$2259

6 riders

This trip begins in Makassar and finishes back in Makassar in January 2014. It includes cycling in the cultural heartland of Toraja, guided mountain trekking, Torajan village homestays, white water rafting, yoga, bahasa Indonesia instruction, outdoor thermal springs relaxation..

[<http://www.cycleindonesia.com.au/13_toraja.htm>](http://www.cycleindonesia.com.au/13_toraja.htm)

Bali

8 Days - 287 km

18 - 25 April 2014

A\$1265

6 riders

This inaugural Bali trip starts in the artistic centre of Ubud in April 2014 and for a week we'll explore the non tourist north and north-eastern parts of Bali returning to Ubud on the day before the trip ends. Trip features community work in mountain village Sudaji. The cycle days are short, averaging 55 km but for the most part they are hilly.

[<http://www.cycleindonesia.com.au/13_bali.htm>](http://www.cycleindonesia.com.au/13_bali.htm)

COMING EVENTS

December, 2013

Mike Kruimer, Editor

December 5th, Thursday:

THE SUSTAINABLE RARITAN RIVER MINI-CONFERENCE AT:

Duke Farms
1112 Dukes Parkway West
Hillsborough, NJ 08844

The December 5 Sustainable Raritan River Mini-conference will pick up where our June conference left off, highlighting more current issues of concern for the Raritan region, and actions we can take for a more sustainable Raritan River.

The mini-conference will include:

- a. an early morning bird walk
- b. a morning of hot topics and informative workshops, and
- c. an afternoon working tour of Duke Farm

The conference will be free; lunch and refreshments will be offered at cost.

The Sustainable Raritan River Mini-Conference is especially for municipal leaders, business leaders, county officials, non-profit organizations, state and federal government officials, environmental commissions, and civic-minded residents of all 98 Raritan River Basin communities. We are seeking professional continuing education credits for architects, engineers, floodplain managers, foresters, planners, and public works managers .

Watch our Website or Facebook page for updates or contact Sara Malone at 848-932-2711

sjmalone@ejb.rutgers.edu

www.raritan.rutgers.edu

www.facebook.com/RaritanCollaborative

Dec. 16th, Monday, CJBC Membership Meeting. 7 pm at the Metuchen Public Library. Annual Road Find (nothing organic), Bake off competition, and swap Meet.



**Business woman doing backbend at meeting.
Why haven't we have thought of that?**



Planning for next winters rides starts now. Our bicycle tours here in Cuba suffer from a lack of hotels that are located away from the maddening crowd and our ability to hold rooms is made stronger by your early registration. These registrations are transferable to other rides should something come up



Trans Cuba - February 14th 2014

Classic ride across Cuba from end to end. Do the distance you wish each day, some can manage the complete ride each day while others take a distance that best suits their ability. This is not as difficult as you may think, there is only one real climb and for the major part the trade wind is behind you.

Included in entry fee are: - internal flight from Havana to Baracoa. Hotel in Havana on first and last day. All hotels on route, breakfast and dinner each day. At completion of ride return bus from Cabo San Antonio to Havana.



www.canbicuba.com

Cheers from Havana

Peter Marshall peter@canbicuba.com

SUNSHINE COMMITTEE John Hartigan

We're ready to accept your "happenings". We send cards to Club Members for injuries, illness, and also sympathy cards - so please get in touch with John Hartigan so we support our club members. (732) 429-0152 ballyglassjohn@live.com

Classified ads

There is no charge for member's classified ads. To place an ad, send it by email to the HUB editor at info@cjbc.org. Please contact the editor if you want your ad to run more than once.

Visually impaired woman looking for someone to ride tandem. Atlantic Highlands
Your bike or I will rent. Please contact Diane Doherty ddddfromnj1111@verizon.net

Looking for a used Men's 58CM entry level road bike.

Please call Ray Willer @908-380-1109 or e-mail me at SC@FederalBusinessCenters.net 1.

CycleOps Joule GPS Cycling Computer. Brand new, in the box unit. Never used. Computer lists for \$269, Amazon price \$251, my asking price \$220. If interested, call Peter at 609-466-6458 or write to pmacholdt@schererclin.com.

2 pair of brand new Performance Bike Ultra II bibs in size small. These have never been worn and still have the original tags attached. Performance sells these for \$89.99 per pair. I'd like to get \$85 for both pairs (\$42.50/pair). If interested, call Peter at 609-466-6458 or write to pmacholdt@schererclin.com.

\$325

Specialized classic hybrid/cruiser. Globe 1999, grey paint, 26 in wheels , aluminum frame, triple /24 gears, 19 frame. Original shimano components
Well maintained , excellent condition ,clean - just hop on and ride

Harold M. Finkel , cjbic MEMBER
HalMart2@comcast.net

51cm Trek 1000 WSD \$400

51cm Women's Specific Design. Trek 1000, Triple crank for easy hill climbing.
Great condition, excellent maintenance record.

Please see the Craig's List listing for picture and more details.

<http://philadelphia.craigslist.org/bik/4114716535.html> or contact me if interested.

Michael Godshall M 215 796 2346

Bicycle Joke of the Month



RELEASE

In consideration of being permitted to participate in any way in Central Jersey Bicycle Club, Inc. sponsored bicycling activities. I do hereby, for myself, for my heirs, executors, and administrators waive, release, and forever discharge any and all rights and claims for property damage and/or personal injury which I may have or which may occur to me, against the Central Jersey Bicycle Club, League of American Bicyclists or any of their officers, members, sponsors, agents or representatives, arising out of traveling to, participating in, or returning from any of these activities.

Signature _____ Date _____

Signature _____ Date _____

Members must be at least 18 years of age. BOTH adults must sign if there are two adults being covered by the Family Membership.

Name _____

Name _____

(Name & address MUST be filled out completely & printed clearly)

Street _____

City _____

State _____ Zip _____

Phone (____) _____

E-mail address _____

Individual: ☐ 1 Yr \$15 Family: ☐ \$20

☐ 2 Yr \$30 ☐ \$40

☐ 3 Yr \$45 ☐ \$60

Membership will include our monthly newsletter,
The HUB



FAMILY MEMBERSHIPS

Family membership consists of one or two adults in the same household and minor children if any. All adult applicants must sign the release. Individuals under 18 must join as part of a Family Membership and a parent/guardian must sign the release for them.

Riders under 18 years of age must be accompanied by a responsible adult on a club ride. Please print all family members names below.

CJBC FEATURED RIDES

- New Member Ride - lunch provided
- Farmlands Tour - largest attendance with over 800 riders
- Longest Day Ride - distance challenge 100, double metric, 200 miles
- Hillier Than Thou - 62 or 100 of extremely hilly routes
- Tom Koenig Anniversary Ride - lunch provided
- Shortest Day Ride - 6 grueling miles and Holiday Party to celebrate

CJBC SOCIAL GATHERINGS

- General Meetings - alternate months with guest presenters
- Awards Meeting - awards distributed to leaders and riders including Spirit of Cycling
- Volunteers Dinner - thank our volunteers for their special efforts

PLEASE CHECK AREAS OF INTEREST

Event Volunteer ☐

Ride Leadership ☐

Serving on Board ☐

Optional:

Age _____

Birthdate _____

Gender: ☐ Female ☐ Male

Where did you hear about the Club?

Our Membership List is published (for members only) once a year. If you **DO NOT** want your phone number to appear in the Membership List, check here: ☐

From time to time the CJBC Membership List may be released on a one time only basis to bicycle-related organizations. If you **DO NOT** want your name/address released in this fashion, check here: ☐

Join in January through September and your membership is good through December of the year in which you join. However, if you join the club after October 1st, your membership continues through December of the following year

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Our sponsors support our club, and offer skilled sales and/or service.

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(732)-873-0212

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Central Jersey Bicycle Club, Inc.
P. O. Box 10686
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info@cjbc.org
732-225-4827 or 732-225-HUBS

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Prospective members may join CJBC through active.com at this web site:

http://www.active.com/event_detail.cfm?event_id=2120460

Send content for *The HUB* to info@cjbc.org

Deadline for all content is the 24th of the month.

The views expressed in this publication are not necessarily the views of CJBC, Inc., nor do we endorse products or services advertised.

CJBC is a club affiliate of the League of American Bicyclists.
Riders must wear approved helmets on all club rides!